

## Integrated Spine & Pain Program – Community Programs & Resources - 1

Nutrition Community Programs	Start Date:	Finish Date:	Objectives – Challenges - Tasks
<b>Develop List of Community Resources</b>			
Public - <i>(transportation, education, etc.)</i>			
Private - <i>(local &amp; regional business sponsorship opportunities, etc.)</i>			
Faith Based - <i>(local &amp; regional church groups interested in outreach)</i>			
<b>On-Site Programs</b>			
Nutrition Classes <i>(cooking classes, diet education classes, etc.)</i>			
Development of On-Site Programs <i>(local support for on-site programs)</i>			
Patient Education Materials - <i>(awareness of available programs)</i>			
<b>Dietician/Nutritionist</b>			
Diet Planning Software - <i>(provides for diet education and planning)</i>			
Patient Education Tools - <i>(modify web education tools for on-site use)</i>			
Development program goals			
Exercise - Community Programs	Start Date:	Finish Date:	Objectives – Challenges – Tasks
<b>Develop List of Exercise Resources/Facilities</b>			
Public - <i>(listing to be used by Health Coaches in education activities)</i>			
Private - <i>(listing to be used by Health Coaches in education activities)</i>			
Faith Based - <i>(church programs in care delivery &amp; education)</i>			
<b>On-Site Program</b>			
Exercise is Medicine Classes			
Development of On-Site Facility			
Patient Education Materials			
<b>Exercise Physiologist</b>			
Exercise Planning Software			
Patient Education Tools			
Develop program goals			

## Integrated Spine & Pain Program – Community Programs & Resources - 2

Faith Based Partnerships - Community Programs	Start Date:	Finish Date:	Objectives – Challenges - Tasks
<b>Develop List of Community Resources</b>			
Location mapping of available resources			
Resource Category List			
Available Resources Listing			
<b>On-Site Programs</b>			
Develop joint sponsored programs with community resources			
Development of on-site facility for community programs			
Community Program Awareness - Patient Education Materials			
<b>Staff Education &amp; Training</b>			
Develop Staff Training Programs for Community Resources			
Identify Community Resource Trainers			
Resource funds available - Grants, etc.			
Community Program - Development Activities	Start Date:	Finish Date:	Objectives – Challenges - Tasks
<b>Joint Sponsorship w/Education Groups</b>			
Area Colleges (Facility Resources)			
County School District (kitchens, meeting & athletic facilities)			
Community Colleges (educational outreach opportunities)			
<b>Develop Program Requirements</b>			
Exercise - Support Groups - Exercise Events			
Nutrition - Food Co-op arrangements, etc.			
Social Planning, small groups, community groups, etc.			
<b>Funding &amp; Grant Coordination</b>			
Develop Mission Statement for ISPP			
Develop "Grant" Templates for SWOT of ISPP			
Develop Core Objectives for ISPP within community			